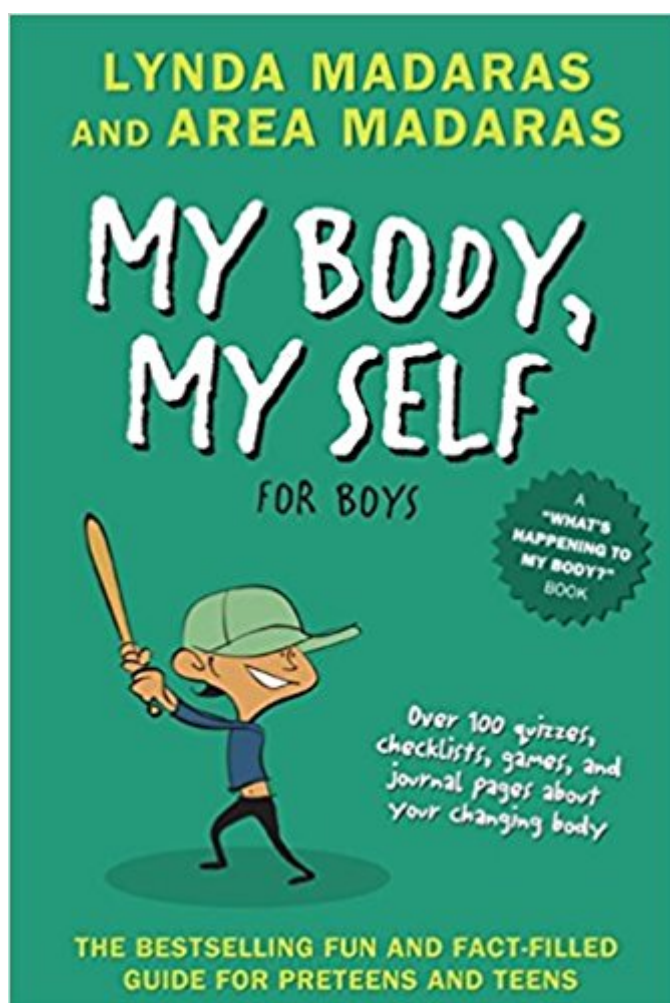


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# My Body, My Self For Boys: Revised Edition (What's Happening To My Body?)



## Synopsis

Why is my voice changing? When will I get hair on my face? Is this normal? This fact-filled journal and activity book makes it fun for boys to find answers to their many questions about the physical and emotional changes that accompany puberty. With quizzes, checklists, games, and illustrations throughout, *My Body, My Self for Boys* also includes journal pages and lots of personal stories addressing boys' concerns, experiences, and feelings during this new stage of their lives.

## Book Information

Series: What's Happening to My Body?

Paperback: 128 pages

Publisher: William Morrow Paperbacks; 3 edition (June 19, 2007)

Language: English

ISBN-10: 1557047677

ISBN-13: 978-1557047670

Product Dimensions: 6.1 x 0.3 x 9.1 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 53 customer reviews

Best Sellers Rank: #276,004 in Books (See Top 100 in Books) #48 in Books > Children's Books > Growing Up & Facts of Life > Health > Maturing #210 in Books > Parenting & Relationships > Parenting > Parenting Boys #257 in Books > Health, Fitness & Dieting > Men's Health

Age Range: 9 - 12 years

Grade Level: 4 - 6

## Customer Reviews

"Lynda Madaras takes seriously the questions asked over the years in her sex education class and gives accurate, detailed answers." —School Library Journal "These gender-specific titles take a modern and easygoing approach to puberty — explains everything in a readable and reassuring style." —VOYA: Voice of Youth Advocates

Lynda Madaras is the author of 12 books on health, child care, and parenting. For more than 25 years, she taught puberty and health education in California schools, and she has appeared on Oprah, CNN, PBS, and the Today Show. Lynda Madaras es la autora de doce libros sobre la salud,

el cuidado de niños y la crianza de los hijos. Durante más de veinticinco años ha enseñado sobre la pubertad y la salud en escuelas de California, y ha sido invitada de Oprah, CNN, PBS y el Today Show. Area Madaras was just 11 years old when she assisted her mother on their first book. Now a communications consultant and mother of two, she lives in California and continues to assist her mother with the series. Area Madaras solo tenía once años cuando colaboro por primera vez con su madre en un libro. Ahora es asesora de comunicaciones y madre de dos niñas, vive en California y continua trabajando con su madre en la serie.

Excellent book. Very straightforward, with decent b/w drawings and excellent information for growing young men. We make a point of reading this once a week to our son, and he does really invest in it and ask questions, etc. I even think he looks forward to the time, and we definitely see that this time has given him more confidence in who he is becoming, physically. We've found it opens doors that otherwise might not open by themselves. Highly recommend.

I got this and a couple other books like this for my nephew who is natural shy about this kind of thing. Of course he was not ecstatic to receive it, but I am happy to know he has this reference at his disposal when he needs it. I had the American Girl version of puberty book when I was his age and really appreciated having it for those questions that I did not want to ask. It has good subject matter and is appropriate for his age (10). Give this to a young man in private and don't expect a big hug, but know it WILL be used and it WILL help.

This is an excellent presentation for adolescent and teen boys as well as for their parents. It was factual and honest. It would be easy for discussion purposes which would create openness regarding the subject.

This one was a bit simple for the boy I got it for, as warned in reviews. I got a higher level one, too, that worked better.

Bought the book for my teenage son. I read it before presenting it to him. It provides more than your basic health class and gives conversation starters so teens can talk to their parents. Anyone raising a son should have this book.

Little Graphic but informative

The book is well written and easy to understand. I do think it has some content that could be a little advanced for a 9 or 10 year old.

This is a good boy for boys.

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